



Senior Hope Values...

- ...The many enduring strengths and contributions that senior citizens have brought to our community
- ...The unique individuality of every person
- ...The ability to partner with other experts for the betterment of our clients
- ...Integrity in all business and clinical practices

The Mission of Senior Hope

Senior Hope Counseling provides quality, evidence-based, comprehensive addiction services to older adults and their families in a compassionate setting.



What makes Senior Hope work for our clients?

“The staff knows what they’re doing. They are smart.

Other people - my own age - who share my hopes, problems and determinations.

The sincerity, dedication and positive attitude of the staff.

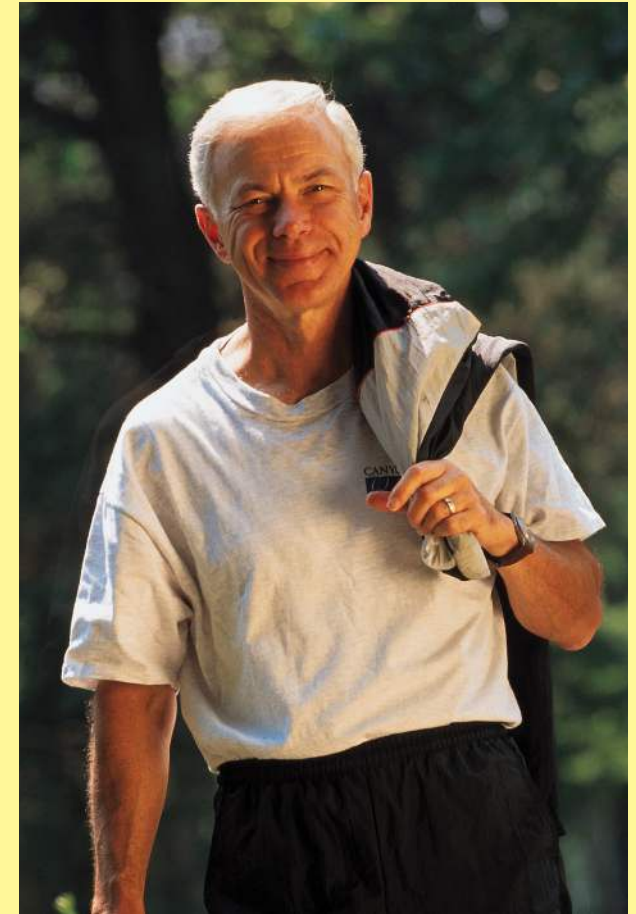
I feel wanted.

[Senior Hope] helps me stay sober and helps me in my daily life to meet good people and sober people.

People here have training and compassion for this precise purpose (lifestyle changes).

It is professional, caring and like a family.

To be with people my own age; there is hope, a special hope.



Compassionate chemical dependence care for seniors 50 years and older and their families

Prescription • Alcohol • Drugs

Programs and Services

- Evaluation and Assessment
- Individual, Group and Family Chemical Dependence Counseling
- Case Management & Referral

Group Offerings Include

- Recovery Topics
- Women's Group
- Men's Group
- Understanding Addiction
- Life Transitions
- Mental Health and Recovery
- Relapse Prevention
- Trauma Survivors
- Anger into Energy
- Relationships and Boundaries
- Wellness and Recovery



Counseling specifically designed for seniors 50 years and older who need help with Prescription, Alcohol or Drug Abuse. Our services are confidential, compassionate and age appropriate.

Clinic Hours

Monday- Friday9am-5pm
Evening Hours as needed

How To Make A Referral or Make An Appointment

*Just Pick Up The Phone...
...help Is Only Seven Numbers Away!*

(518) 489-7777
Fax 489-7771
www.SeniorHope.org

301 South Allen St., Albany, N.Y. 12208

Senior Hope Counseling, Inc. is a non-intensive outpatient not-for-profit clinic licensed by the New York State Office of Alcoholism and Substance Abuse Services.

All Services are Confidential.



Recovery is a Journey...

Senior Hope recognizes the importance of a supportive environment when individuals and families face addiction issues.

Our experienced staff understands the struggle and focuses on recovery through education and counseling with care and compassion.

This self-discovery process, encompassing the mind, body and the spirit, is aimed at restoring a person's self esteem, self worth and dignity.

Breaking the cycle of addiction can reunite families and promote a healthy community.

